



Nikolas Antoniou  
Silent Pulse

**Cover**

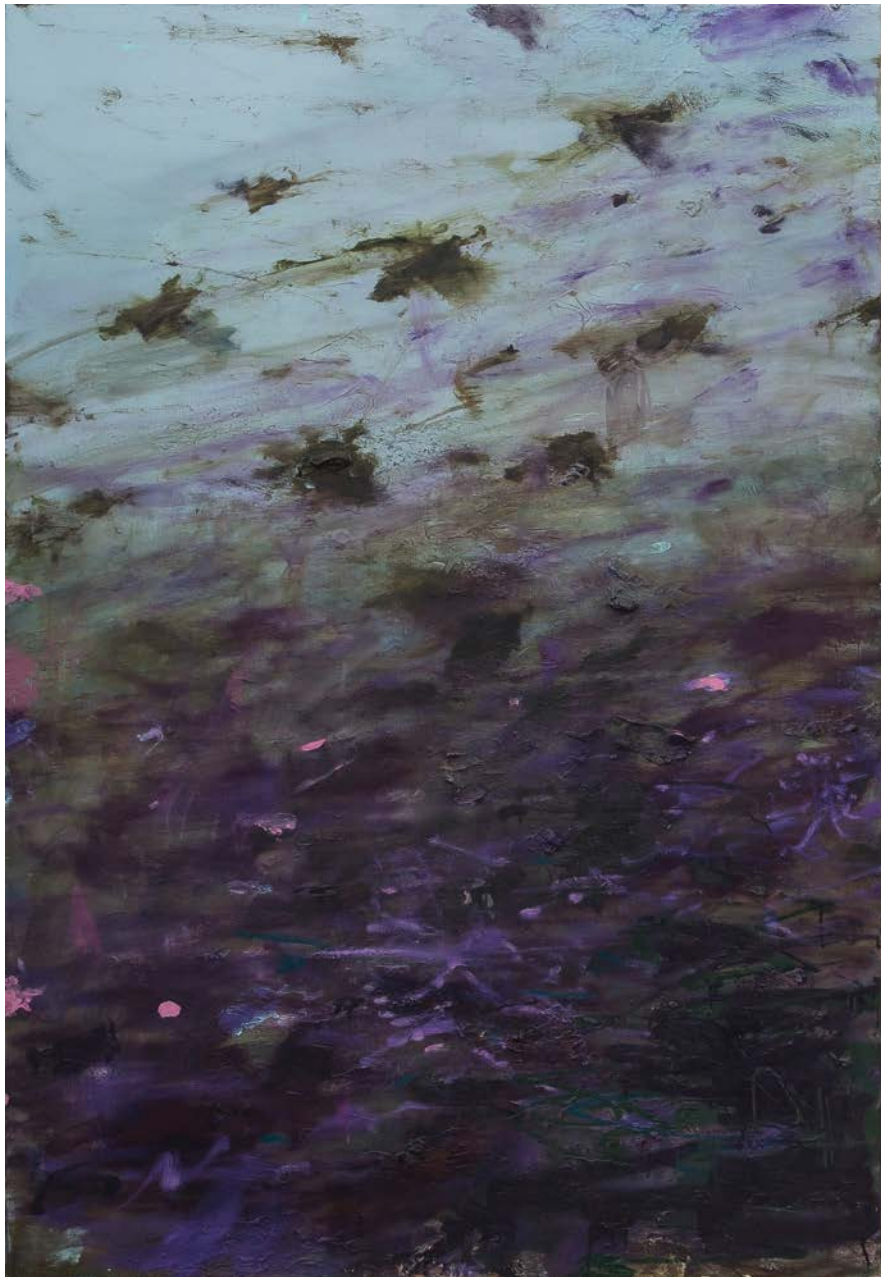
*A Journey Beyond the World*

Acrylic and oil on canvas

220x150

Nikolas Antoniou  
S i l e n t P u l s e

OCTOBER 2024 - ALPHA C.K. ART GALLERY



Silent Pulse reflects the quiet yet powerful changes that move through nature and our lives. Each piece captures simple moments - the shifting colors of a landscape, the soft ripple of water, the gentle decay and renewal of natural forms. These subtle transformations mirror our own inner shifts, connecting the cycles of nature with our personal journeys of growth, stillness, and resilience.

In a world filled with noise and endless analysis of what feels urgent, there is strength in stepping back and focusing on the basics. The rhythms of nature remind us of what truly matters: the simple, enduring values that ground us. Silent Pulse is a quiet reminder that just as the earth moves through its own cycles, so do we - shaping and reshaping who we are in ways that are felt deeply, even when not seen, heard or spoken.

Nikolas  
October 2024

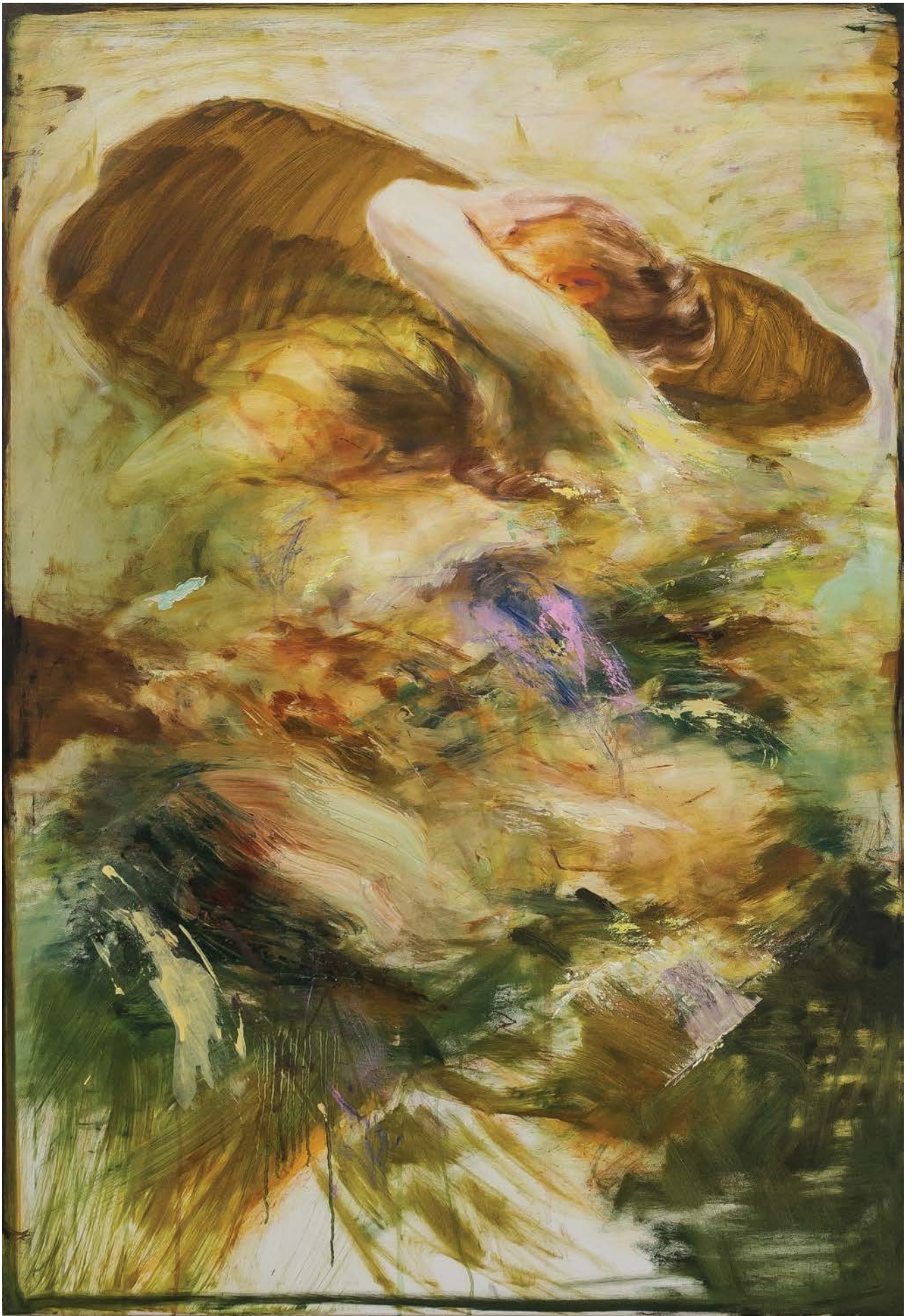
*Passing Shadows*  
Acrylic and oil on canvas  
160x110



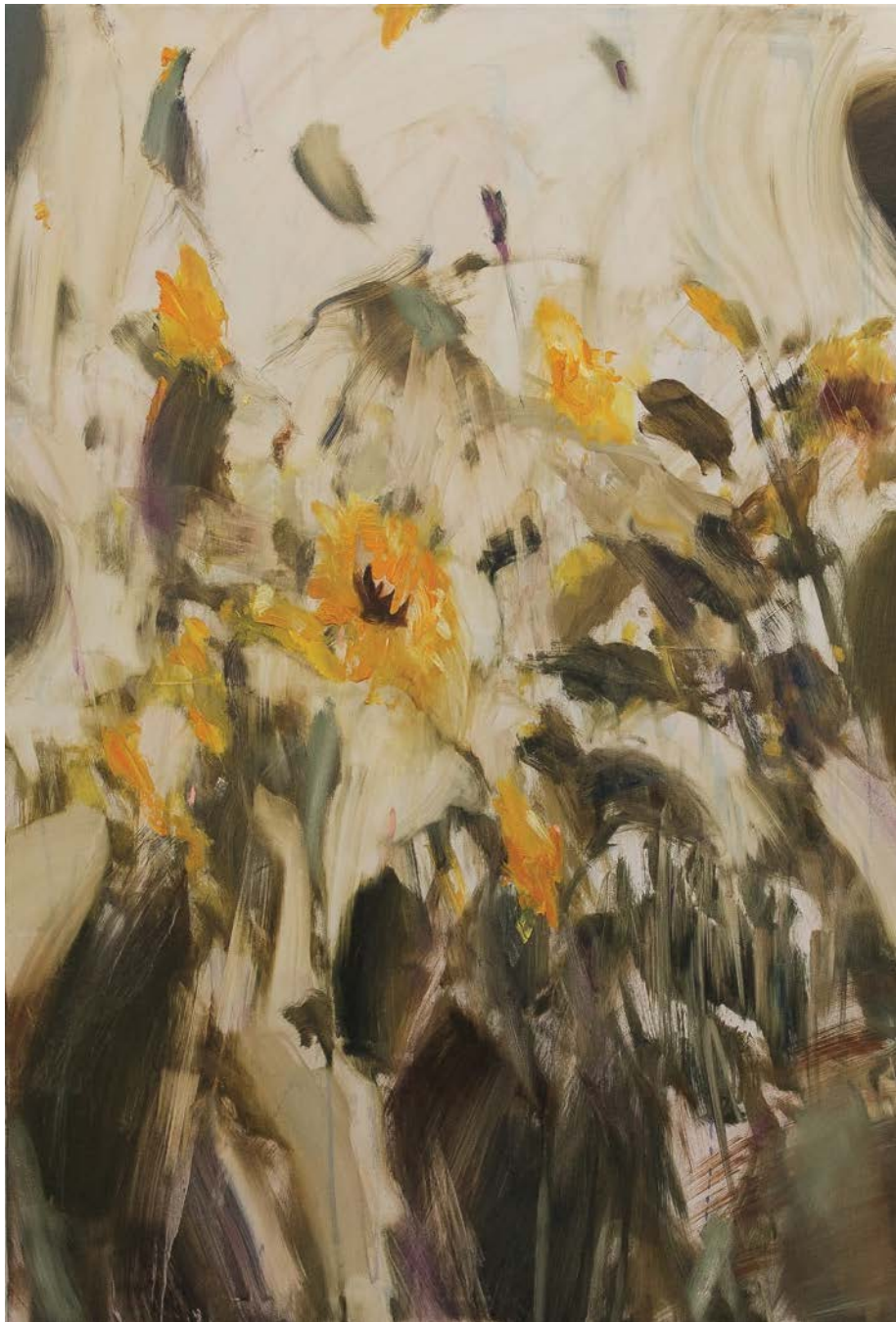
## **Unexpected Turbulence**

The concept of Chaos, the primordial void from which the universe emerged. This painting captures a moment of instability and transformation, where the natural world seems to be in flux, reshaped by unseen forces. The swirling, disordered forms and dynamic brushwork reflect the unpredictable nature of life and the universe, echoing the idea that from Chaos, both destruction and creation arise. The earthy tones, contrasted with vibrant flashes of color, reveal the power of nature and the tension between control and chaos.

*Unexpected Turbulence*  
acrylic and oil on canvas  
150x200



*Anatta*  
acrylic and oil on canvas  
160x110



## **It Is A Fragile Dance**

The delicate and graceful movement of flowers in a fleeting moment of bloom, serving as a metaphor for our own human experiences. The soft, swirling brushstrokes and vibrant yellows create a sense of gentle motion, as if the petals are caught in a quiet dance, swaying with the unseen breeze. This painting reflects the fragile beauty that flowers—and we—embody: our ephemeral presence, our soft strength, and our capacity to bring light into the world, even if only for a brief moment. It speaks to the transience of beauty, the quiet resilience within us, and the powerful impact of life's fragile moments, reminding us that, like the flowers, we too are engaged in our own delicate, unspoken dance of existence.

*It Is a Fragile Dance*  
acrylic and oil on canvas  
160x110



## **Beneath the Surface**

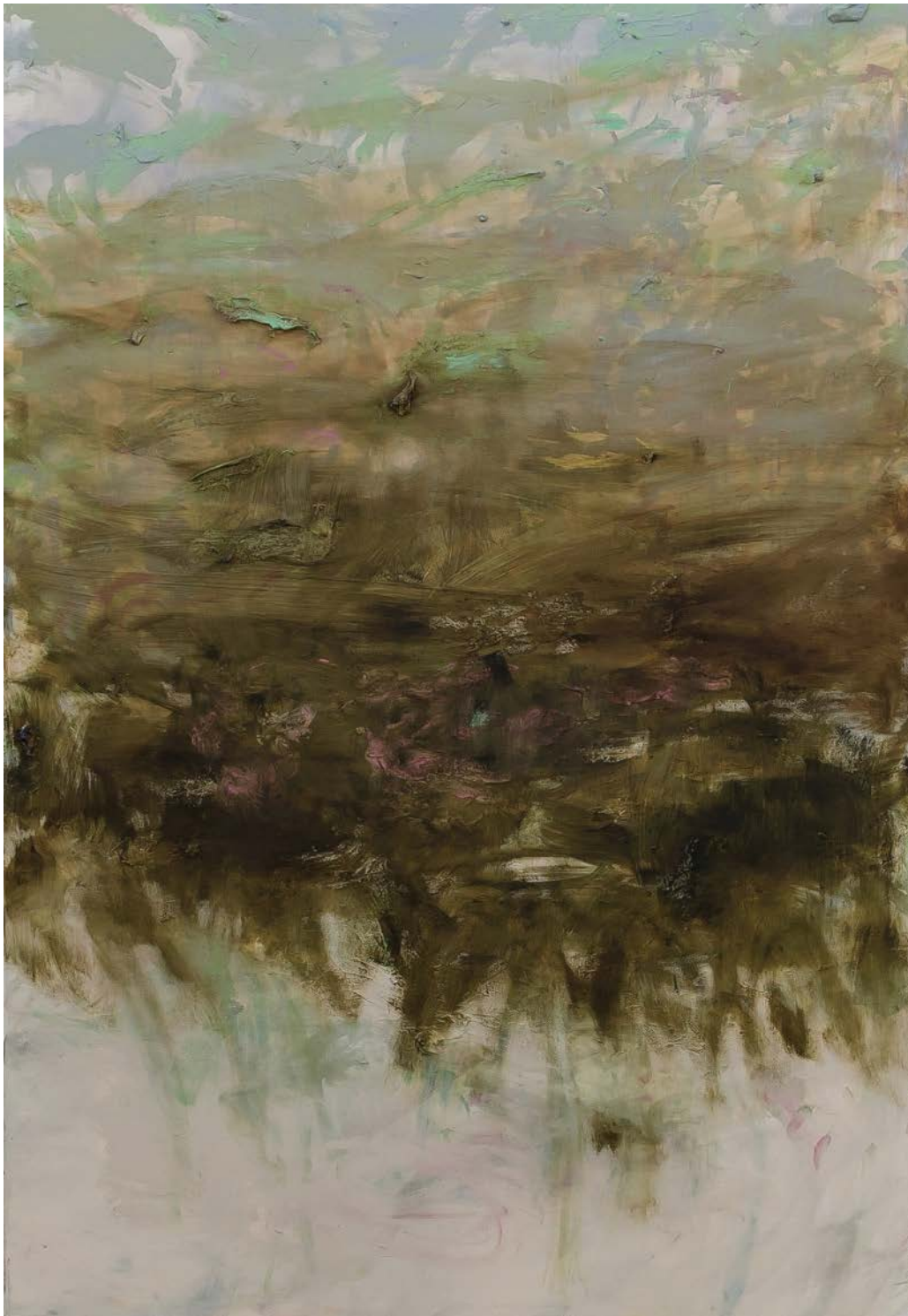
A delicate balance between the conscious and unconscious mind. Initially vibrant and chaotic, the painting was later covered with a thin veil of white, symbolising the calm surface of conscious thought. Beneath this smooth exterior, the hidden energy of the unconscious slowly emerges, revealing glimpses of the vibrant emotions, memories, and desires that lie just out of sight. This work invites viewers to engage deeply, encouraging them to uncover the hidden layers of their own psyche and to contemplate the mysteries that reside beneath the surface of everyday awareness.

*Beneath the Surface*  
acrylic and oil on canvas  
160x110





*A Gentle Dissolve*  
acrylic and oil on canvas  
170x100



## **Unfolding**

This piece tries to capture the rhythm of nature,, continuously shifting and evolving. It unfolds on its own terms, thriving in a cycle of constant change that is both subtle and profound. The earthy browns and muted greens reflect this dynamic process, evoking a landscape that breathes and moves, untamed and unbound. Through abstract forms and layered brushstrokes, the painting reveals the relentless energy of nature—where growth, decay, and renewal occur simultaneously.

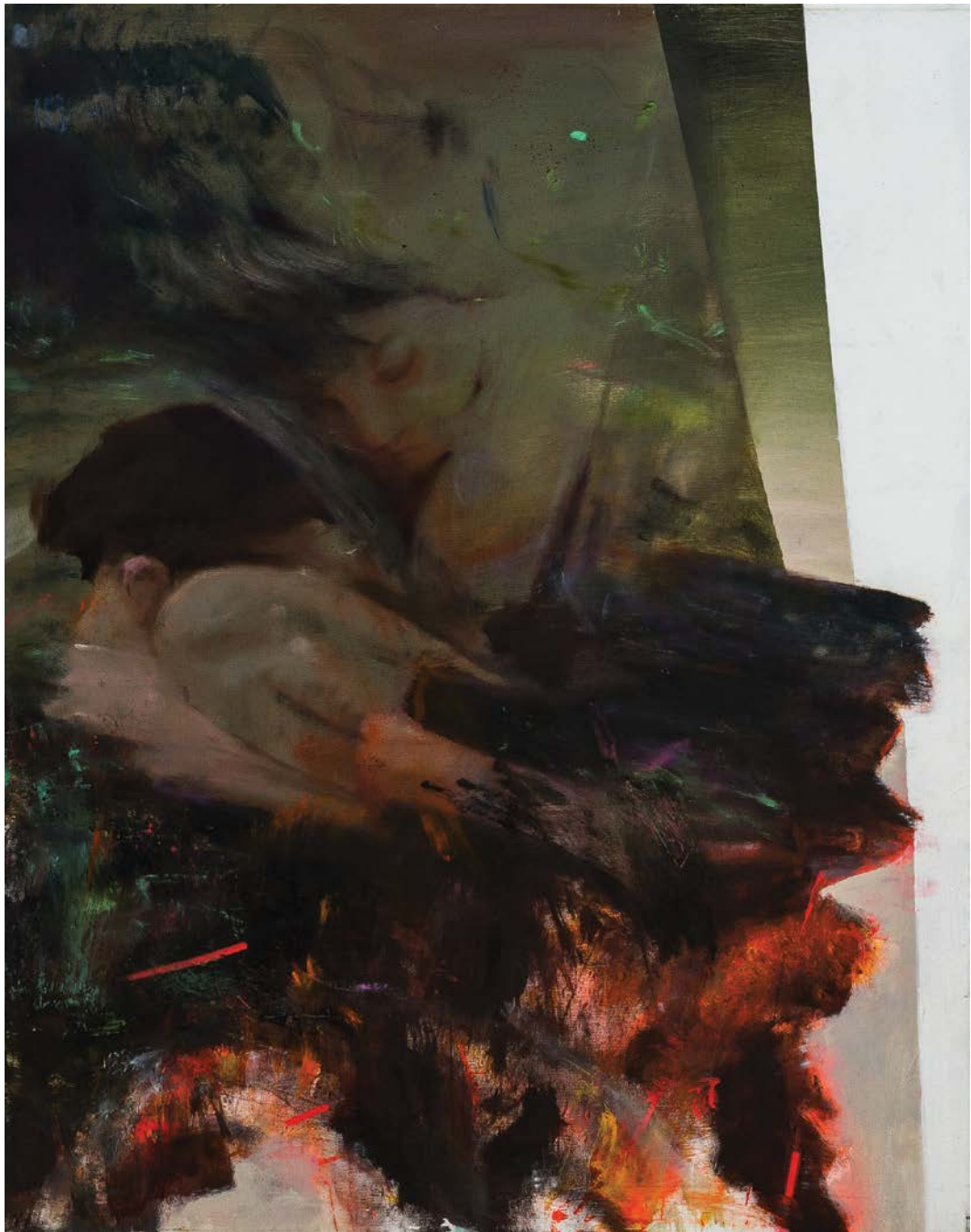
*Unfolding*  
acrylic and oil on canvas  
160x110



*Veiled Depths*  
acrylic and oil on canvas  
40x50



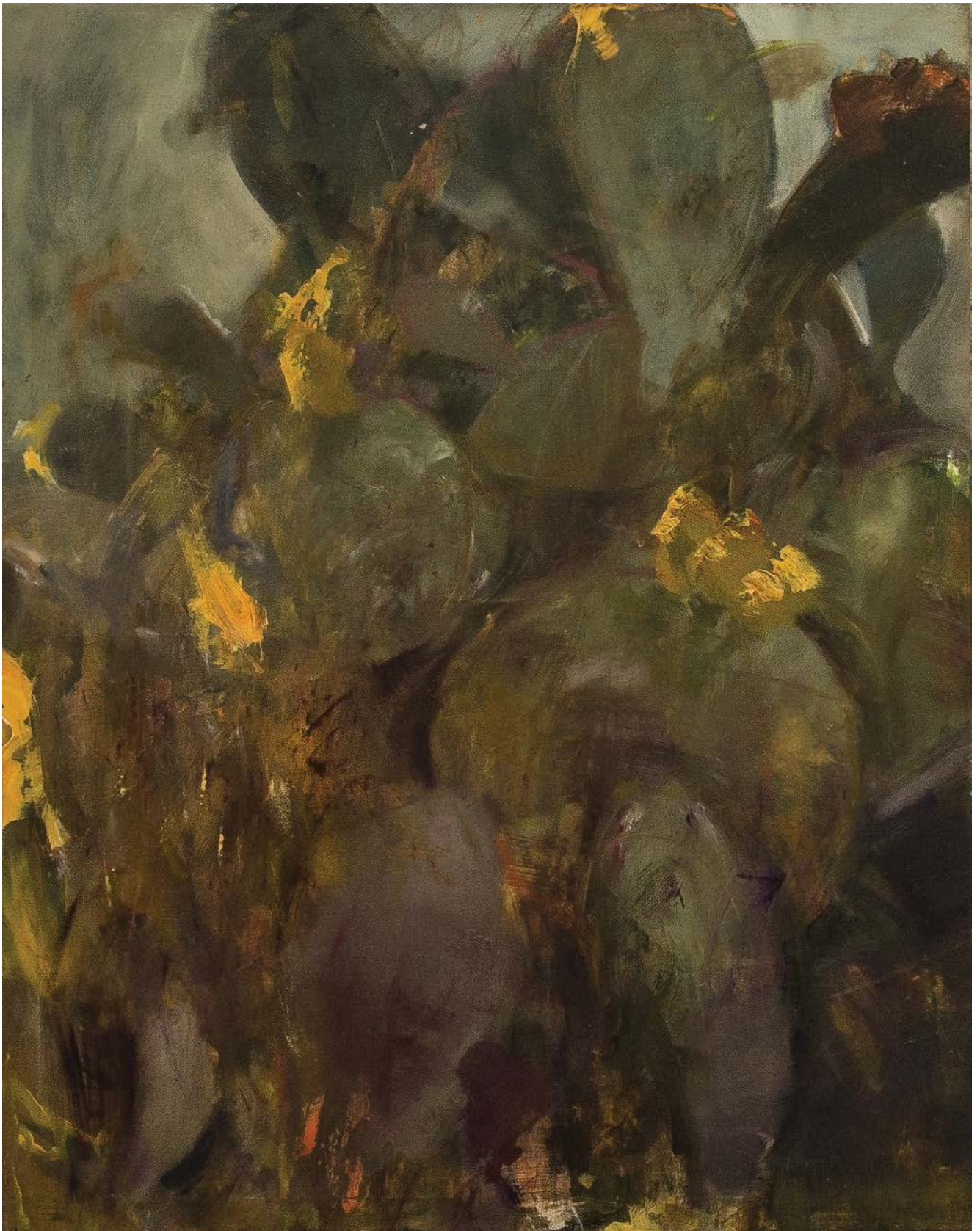
*Hidden Flow*  
acrylic and oil on canvas  
144x79



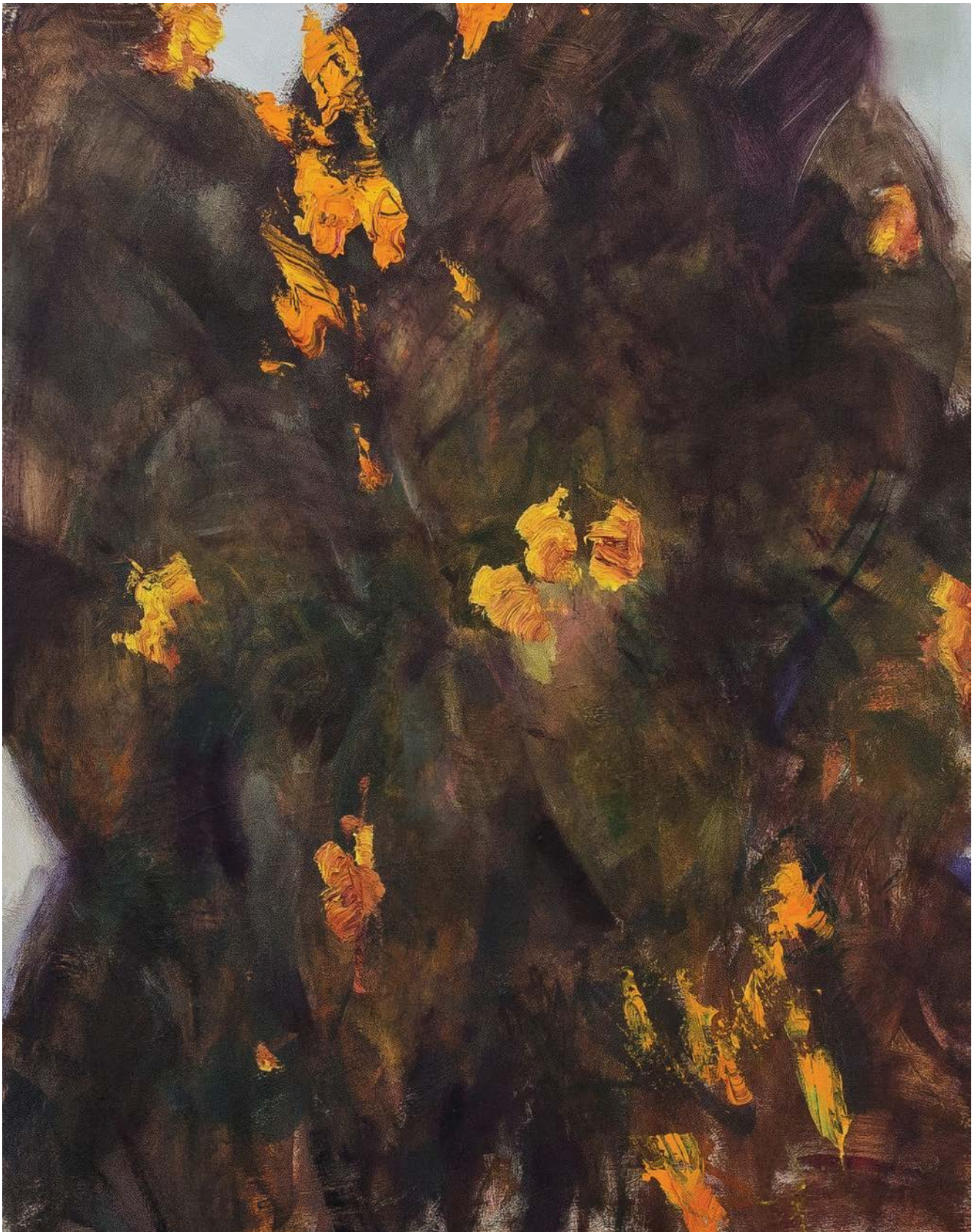
## **The Butterfly Dream**

This painting evokes the famous story of Zhuangzi's Butterfly Dream, in which the ancient Chinese philosopher dreams he is a butterfly, only to wake and question whether he was a man dreaming of being a butterfly or a butterfly dreaming of being a man. The figure in the painting, caught between shadow and form, represents this state of ambiguity, hovering between reality and illusion. The blurred lines and hazy tones evoke the dreamlike nature of existence, where the boundaries of identity are fluid and uncertain.

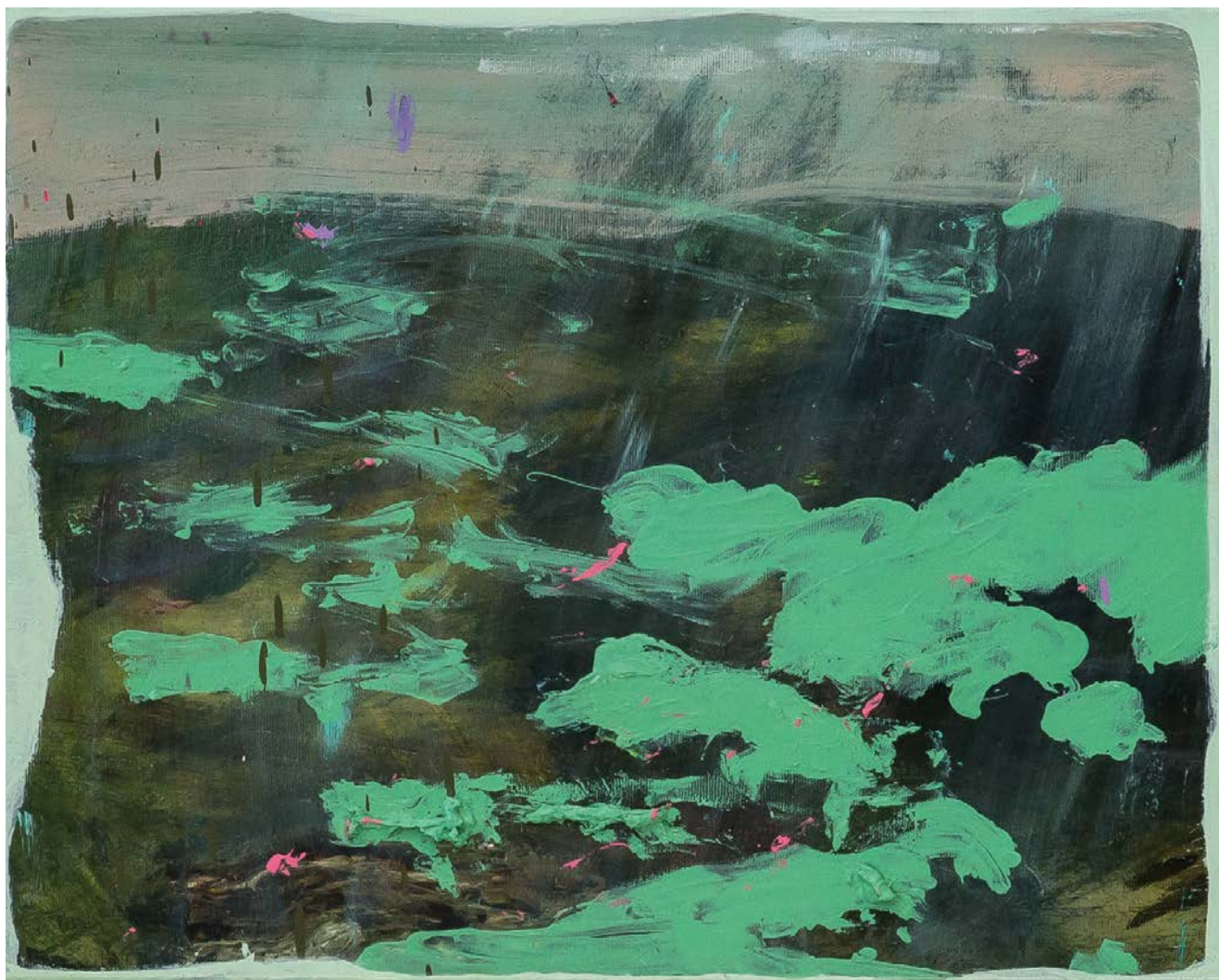
*The Butterfly Dream*  
acrylic and oil on canvas  
120x95



*Resilient Tangle I*  
acrylic and oil on canvas  
120x95



*Resilient Tangle II*  
acrylic and oil on canvas  
120x95



## **The Quiet Flow of Wu Wei**

In Taoist philosophy, the concept of Wu Wei teaches us that peace and balance come not from force or struggle, but from learning to flow with the world around us. This painting, with its gentle movement and layered depths, reflects the idea that stillness and tranquility can be found by stepping back and aligning ourselves with the natural rhythms of life. The green, floating forms suggest harmony with nature, while the darker layers beneath represent the complexity and depth that lie within us. By pausing to observe and be present, we can find the peace we are searching for—not by fighting against the current, but by letting ourselves flow within it.

*The Quiet Flow of Wu Wei*  
acrylic and oil on canvas  
40x50





## **NIKOLAS ANTONIOU**

He was born in Larnaca, Cyprus, in 1988. He graduated in 2012 from the University of Western Macedonia, Greece, Department of Fine and Applied Arts, where he worked closely with the professors Harris Kondosphyris and Manolis Polymeri.

### **Solo Exhibitions**

- 2024 *Silent Pulse*, Alpha C.K. Art Gallery, Nicosia, Cyprus
- 2023 *Symphony of Existence*, Church of Santa Luciella ai Librai, Naples, Italy
- 2023 *Apnea*, Gaudium Gallery, Naples, Italy
- 2023 *Emotional Quotient*, Blue Iris Art Gallery, Pafos, Cyprus
- 2022 *Pierides Museum-Bank of Cyprus Cultural Center*, Larnaca, Cyprus
- 2022 *Reverie*, Lumiere Contemporary Art Gallery, Limassol, Cyprus
- 2021 *Seasons Change*, Alpha C.K. Art Gallery, Nicosia, Cyprus
- 2019 *The Sense of Self*, Alpha C.K. Art Gallery, Nicosia, Cyprus
- 2019 *The Great Escape*, Blue Iris Art Gallery, Paphos, Cyprus
- 2017 *A Normal Person*, Technohoros Art Gallery, Athens, Greece
- 2017 *Measuring Reality*, Alpha C.K. Art Gallery, Nicosia, Cyprus
- 2017 *Nikolas Antoniou*, Budapest Art Factory Project Space, Budapest, Hungary
- 2016 *The Conservation of the Creative Process*, Alpha C.K. Art Gallery, Nicosia, Cyprus
- 2015 *For the Purposes of Imperfection*, Technochoros Art Gallery, Athens, Greece
- 2014 *Nikolas Antoniou*, Myro Gallery/Gallery Lola Nikolaou Art Gallery, Thessaloniki, Greece
- 2013 *Sanitizing Logic-Part 2*, Technohoros Art Gallery, Athens, Greece
- 2013 *Sanitizing Logic-Part 1*, Apothikes Art Gallery, Larnaka, Cyprus

### **Selected Group Exhibitions (selection)**

- 2024 *Gallery Christoffer Egelund*, Copenhagen, Denmark
- 2024 *Purity*, T.A.S. Contemporary Art Gallery, Lefkara, Cyprus
- 2022 *Stories of Intimacy*, Apothikes Papadakis, Limassol, Cyprus
- 2019 *The New Portrait*, Stoerpunkt Gallery, Munich, Germany
- 2019 *Between Flesh and Bones*, Fridge Project Space, Larnaka, Cyprus
- 2019 *The Paper Salon*, Ambush Gallery, Sydney, Australia
- 2017 *Melenia Art Gallery*, Bucharest, Romania
- 2017 *Reflecting Reality*, Blue Iris Art Gallery, Paphos, Cyprus
- 2017 *Budapest Art Factory*, Project Space, Budapest, Hungary
- 2015 *Preadexhibition*, Technochoros, Art Gallery Athens, Greece
- 2012 *Glimpses of the Future*, Myro Gallery, Thessaloniki, Greece
- 2012 *Pandora's Box*, Action Field KODRA, Thessaloniki, Greece
- 2012 *HR E MO Pproject*, Lola Nikolaou Art Gallery, Thessaloniki, Greece
- 2012 *Shapely Persons*, Museum of Contemporary Art, Florina, Greece
- 2011 *Shapely Persons*, Technohoros Art Gallery, Athens, Greece

### **Art Fairs**

- 2021 *Volta Basel*, Basel, Switzerland (presented by Nadia Arnold Ltd)
- 2021 *Art Athina Art Fair*, Athens, Greece (presented by Technochoros Art Gallery)
- 2018 *Affordable Art Fair Milan*, Milan, Italy (presented by Technochoros Art Gallery)
- 2016 *Art Athina Art Fair*, Athens, Greece (presented by Technochoros Art Gallery)

### **Residency**

- 2016 *Budapest Art Factory - International Artist Residency Program* (managed by BAF)

**Alpha C.K.**  

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**ART GALLERY**

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